

HARD WORK, LIFE SKILLS CREATIVE, COMPETITIVE, FUN

- SHOOTING
- PASSING
- DRIBBLING
- OFFENSE
- DEFENSE
- JUMP ROPING
- LADDER DRILLS
- AGILITY
- QUICKNESS
- SPEED

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Basketball Skills Training Cleveland Basketball School

More Than Basketball www.clevelandbasketballschool.com

Avon

2022

MONDAY 7:30PM - 9:30PM

> THURSDAY 7PM - 9PM

1 AUGUST

MON 1, 8, 15, 22 THUR 4, 11, 18, 25

- 2 SEPTEMBER MON 12, 19, 26 THUR 1, 8, 15, 22, 29
- OCTOBER MON 3, 10, 17, 24 THUR 6, 13, 20, 27
- 4 NOVEMBER MON 7, 14, 21, 28 THUR 3, 10, 17, DEC1

WHAT: 16 hours of training per session

in eight two-hour classes (see session

times and dates to the left)

WHERE: University Hospitals Avon Health Center

1997 Healthway Drive, Avon, OH 44011

WHO: Girls and Boys, ages 10-18

COST: \$180.00* per 16- hour (8 class) session

All drills are designed to enhance player skill level and can be performed individually beyond training sessions. Please bring plenty of water and/or sports drink to the training sessions

Reservations Required - Space is limited so register today!

Please make checks payable to Cleveland Basketball School, address below.

Payment must be received prior to start due to guarantee attendance. Once registered, there are no refunds. CBS is not a Beginner Program. Parents of 10 & 11 year-olds must contact Coach Paul before registering.

/robbiehaught



Connect with us!

CBStraining



@RobbieHaught



/clevelandbasketballschool

THE LATEST
TECHNIQUES &
CREATIVE
DRILLS

Coach Robbie: (440) 241-7835 or paulh89431@aol.com